

Points of Interest and Clarification: Yoga

What are the degree and certificate options offered by your department?

- Yoga Teaching Certificate

For more information:

- FC Catalog: <https://www.fullcoll.edu/schedule/>
- FC CTE website: <https://cte.fullcoll.edu/>

Best class to take to explore the major:

PE 102 Yoga

What job/career opportunities do your degrees and certificates prepare students for? (Stories of student successes and struggles are always helpful) Teaching Yoga at studios, gyms, and other locations.

What are the occupational outlooks for these job/career opportunities in Orange County?

<https://www.bls.gov/careeroutlook/2020/data-on-display/fitness-center-jobs.htm>

Recommended websites to review the job opportunities, salaries, and qualifications:

How do you explain the benefits of a certificate or associates degree when the student is also planning to earn a Bachelor's degree? This certificate can be earned quickly, and then student can teach yoga while completing their BA.

What permits or certifications are available to your students and what help do they provide?

Students receive a certificate from Fullerton College as well as Yoga Alliance.

What student populations are your degrees and certificates most appropriate for? For example, are certain certificates more suitable for students who already have a degree?

This certificate is appropriate for all ages.

What partnerships do you have with the community and how can those partnerships assist students with networking and career placement? It is recommended that a student approach the location that best fits the style of yoga that they wish to teach for potential employment.

What websites do you direct students to for employment purposes?

It is recommended that student approach the location that best fits the style of yoga that they wish to teach for potential employment

If you were an academic counselor, what additional advice would you provide a student interested in your programs? DO IT! It is accomplished pretty quickly, and the money earned as a yoga teacher is good, with a lot of opportunity for growth!

Transfer Considerations:

Best Faculty to Contact:

Alix Plum

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Suggested Sequence:

Yoga Teaching Certificate

Certificate

SEMESTER	UNITS
SEMESTER ONE	
PE 102 Yoga	1
<u>Total Units for Semester 1</u>	<u>1</u>
SEMESTER TWO	
PE 109 Intermediate Yoga	2
PE 230 Yoga Teaching Training Fundamentals	2.00
PE 231 Yoga Teaching Training Development	2
PE 234Yoga Teaching Training Integration	2
<u>Total Units for Semester 2</u>	<u>8</u>
Total Units For Certificate	9